

EUROPEAN MASTERS CHAMPIONSHIPS FOR SWIMMING, DIVING, ARTISTIC SWIMMING AND OPEN WATER SWIMMING

(UPDATED 6 NOVEMBER 2021)

In addition to the LEN General Event Rules the following

REGULATIONS

shall apply:

MA-G GENERAL

MA-G 1 Event and Organisation

MA-G 1.1 The Championships shall be conducted in Swimming, Diving, Open Water Swimming and Synchronised Swimming.

MA-G 1.2 The Championships shall be held every odd year.

MA-G 1.3 The organising Federation and the place where the Championships shall be held will be decided by the LEN Bureau and circulated by the LEN Office.

MA-G 1.4 The LEN Bureau Delegate and the LEN Masters Committee (LEN MaC) shall be responsible for and supervise the organisation of the event and the correct conduct of the competitions according to LEN Rules and Regulations.

They shall decide on all matters arising on site at the competitions which require an immediate decision.

MA-G 1.5 The LEN logo and the Championships logo are registered trade-marks and may not be used by clubs or their competitors.

MA-G 1.6 A swimmer must have reached qualification time (Entry Time) in a competition within 2 years period before the competition. If a swimmer clearly fails to achieve the QT at the current competition he/she may be excluded from all upcoming individual events in the same competition.

MA-G 2 Entries and Entry Fees

MA-G 2.1 Competitors shall be eligible for a club either affiliated to a Member Federation or affiliated to a Federation registered by LEN.

MA-G 2.2 Entries shall be confirmed and submitted by the Federation in the name of the club to which the competitor belongs prior to the start of the Championships. No amendment is possible once the Championships have begun.

MA-G 2.3 Any competitor having represented a non-European Club shall not represent a European club unless he has been under the jurisdiction of one or several European clubs for at least twelve (12) months.

MA-G 2.4 Entries, including signed Release of Liability by every competitor, shall be sent to the Organising Committee together with one photo (passport size). With full front view of face (passport standard form)

MA-G 2.5 The deadline for the submission of entries and the payment of the entry fees shall be no later than the date announced by the LEN Office.

- MA-G 2.6 Entry fees shall be as decided by the LEN Bureau and circulated by the Organising Committee.
- MA-G 2.7 Entry fees shall be paid to the Organising Committee. Confirmation of payment shall be attached to the entries.
- MA-G 2.8 There shall be no refund of entry fees.

MA-G 3 Accreditation

- MA-G 3.1 Accreditation shall be issued for:
- a. all competitors and approved officials of the Federations;
 - b. any President of a Member Federation or a Federation registered by LEN;
 - c. all persons nominated by LEN;
 - d. all persons involved in the organisation of the Championships.
- No other person shall receive an accreditation.
- MA-G 3.2 Each Competitor may collect his/her Accreditation Card with a photo two (2) days prior to the Championships at the Accreditation Centre after proof of identity (passport or ID card).
- MA-G 3.3 The Organising Committee shall check name, age, and entries before handing out the accreditation card.

MA-G 4 Awards

- MA-G 4.1 Victory Ceremonies shall take place after each event at a place and a time announced by the Organising Committee.
- Medals shall be awarded to competitors placed first to third in each event and age group.
- Diplomas shall be awarded to competitors placed first to eighth in each event and age group.
- MA-G 4.2 Points shall not be counted and no awards shall be given to Federations or clubs.
- MA-G 4.3 A commemorative souvenir shall be given to each competitor starting and to each approved official.

MA-G 5 Officials

- MA-G 5.1 The LEN MaC shall nominate for each competition session one (1) Technical Delegate and one (1) Referee.
- MA-G 5.2 Federations may nominate suitably qualified and experienced officials for each aquatic discipline.
- MA-G 5.2.1 Applications shall be submitted to the LEN Office no later than the date announced by the LEN Office.
- MA-G 5.2.2 Officials approved are on the costs of the nominating Federation.
- MA-G 5.3 The Technical Delegate shall nominate the key officials to be on duty on each competition session.
- MA-G 5.4 The organising Federation shall provide all the other officials.

MA-SW SWIMMING

MA-SW 1 Events and age groups

- MA-SW 1.1 Events are (men and women):
- Freestyle 50 m, 100 m, 200 m, 400 m, 800 m;
 - Breaststroke 50 m, 100 m, 200 m;
 - Backstroke 50 m, 100 m, 200 m;

-Butterfly	50 m, 100 m, 200 m;
-Individual Medley	200 m; 400 m;
-Freestyle Relay	4 x 50 m;
-Medley Relay	4 x 50 m;
-Mixed Freestyle Relay	4 x 50 m (2 women and 2 men);
-Mixed Medley Relay	4 x 50 m (2 women and 2 men).

MA-SW 1.2 Age groups for individual events are:
25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 – 94
(and five year age groups as high as is necessary).

MA-SW 1.3 Age groups for relays are:
100-119, 120-159, 160-199, 200-239, 240-279,
280-319, 320-359 (and forty year increments as high as is necessary).

All members of a relay team must be from the same club and have completed the individual entry form.

The total age of the team members (determined by the year of birth) determines the age group of the team.

A competitor may only compete in one age group in the same relay event.

MA-SW 1.4 Competitors may be entered for a maximum of five individual events, but not for more than two individual events each day. In exceptional circumstances the LEN Bureau may limit the number of events to be entered to three (3).

MA-SW 1.5 The order of the events and the Entry Times shall be decided by the LEN Executive on proposal of the LEN MaC and the LEN Bureau Liaison.

MA-SW 1.6 A swimmer must have reached qualification time (entry time) in a Competition within 2 years period before the competition.
If a swimmer clearly fails to achieve the QT at the current competition He7she may be excluded from all upcoming individual events in the same competition.

MA-SW 2 Confirmation of participation and composition of Relay Teams

MA-SW 2.1 Competitors participating in 400 m and 800 m races shall confirm their participation to the Organising Committee no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.

MA-SW 2.2 Clubs participating in Relay Events shall confirm their participation and submit the names of the competitors and the order of swimming no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.

Reserve swimmers are not allowed.

MA-SW 3 Lane seeding, start and ordering out of the competition

MA-SW 3.1 Competitors will be seeded according to the submitted entry times, beginning with the oldest age group first and within an age group the slower heats first.

MA-SW 3.2 In 400 m freestyle and 800 m freestyle races two competitors may be deck seeded and swimming in one lane. The seeding for 400 freestyle, 800 freestyle and 400 IM may be by time only and not by age-group.

MA-SW 3.3 Overhead start will be used in all events.

MA-SW 3.4 Each competitor is responsible to report to the clerk of course at least 15 minutes prior to the designated race at the marshalling area at the pool.

MA-SW 3.5 In individual events of more than 200 m the Referee may order out any competitor who passed the entry time for the relevant age group.

MA-SW 4 Classification

MA-SW 4.1 Individual swimmers will be listed in the result list with name, name of the club, official country code and split times according to ranking and age group.

MA-SW 4.2 Relay teams will be listed in the result list with the name of the club and official country code according to ranking and age group, including names of swimmers and individual split times.

MA-SW 4.3 Any competitor not starting, disqualified, or not finishing the race within the required entry time will be placed at the end of the result list without ranking and time.

The reason shall be mentioned.

MA-SW 4.4 A competitor who has a permanent disability shall not be disqualified in a case where his disability prevents him/her from complying with the rules of a particular stroke, provided that the disability has been notified to the referee by the competitor or his/her representative before the race takes place. Notification shall be a medical certificate issued by the Medical Officer of the Federation.

MA-D DIVING

MA-D 1 Events and age groups

MA-D 1.1 Events are (men and women):
 -Springboard 1 m;
 -Springboard 3 m;
 -Platform 5 m, 7.5 m, 10 m;
 -Synchronised 3 m Springboard;
 -Synchronised 5 m, 7.5 m, 10 m Platform;
 -Team Diving
 (Synchronised Diving where the facilities allow).

MA-D 1.2 Age groups are:
 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ (and five years age groups as high as is necessary);
 For Synchronised Diving: 50-99, 100+
 (age groups are determined by adding the ages of the competitors);
 For Team Diving: 75-149, 150+
 (age groups are determined by adding the ages of the competitors).

MA-D 1.3 Age groups may be combined.

MA-D 1.4 The total number of dives required are:

Springboard diving (1 metre resp. 3 metre)		Age groups	Platform diving (5 metre, 7.5 metre or 10 metre)	
Men	Women		Men	Women
7	6	25 – 29	6	6
7	6	30 – 34	6	6
7	6	35 – 39	6	6
7	6	40 – 44	6	6
Springboard diving (1 metre resp. 3 metre)		Age groups	Platform diving (5 metre, 7.5 metre or 10 metre)	
Men	Women		Men	Women
7	6	45 – 49	6	6
6	5	50 – 55	5x	5x
6	5	55 – 59	5x	5x
6	5	60 – 64	5x	5x
6	5	65 – 69	5x	5x
5	4	70 – 74	4x	4x
5	4	75 – 79	4x	4x
4	3	80+	3x	3x

x) 10 m limited : Only feet first entries are allowed from the 10 m platform and any performed dive from the 10 m must not exceed degree of difficulty

of 2.0.

- MA-D 1.5 The order of the events shall be decided by the LEN Executive on proposal of the LEN MaC and the LEN Bureau Liaison to this Committee.
- MA-D 1.6 In Synchronised Diving for men and women in all age groups the total number of dives required is 2 dives with an assigned degree of difficulty of 2.0 regardless of the formula value plus 2 dives with free degree of difficulty. When diving from the 10m platform all divers aged 50+ may only perform feet-first dives with a degree of difficulty not exceeding 2.0 according to the formula value. Two divers from different clubs within the same federation may compete as a couple One divers may only start in one couple regardless of the age group.
- MA-D 1.7 In the Team Diving Competition each team shall consist of three divers but must include both sexes. Divers from different clubs within the same federation may compete as a team. Each team shall perform six different dives and each diver two dives from two different heights (1m/3m/platform). The dives shall consist of 2 dives from 1m Springboard, 2 dives from 3m Springboard and 2 dives from Platform. When diving from the 10m platform all divers aged 50+ may only perform dives with a degree of difficulty not exceeding 2.0 and they must be performed feet-first. One divers may start in one team regardless of the age group.
- MA-D 1.8 The diver can freely choose the dive from the dive table given in the FINA handbook. The only requirements is that in age group 25-69 years each dive performed has a different dive number (as in the FINA Handbook) In age group 70 and older dives with the same dive number can be repeated, if performed in different position (straight, pike, tuck or free position).

MA-D 2 Confirmation of participation and list of the dives

- MA-D 2.1 Competitors shall confirm their participation and submit the list of the dives to the Technical Delegate or the nominated member of the LEN MaC no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.
- MA-D 2.2 The Technical Delegate may accept later confirmations and/or submissions of the list of the dives up to three (3) hours prior to the event, subject to a fine; the amount of the fine shall be decided by the Bureau and circulated by the Organising Committee.
- MA-D 2.3 No changes on the list of the dives shall be accepted after the deadline of three (3) hours prior to the event.

MA-OW OPEN WATER SWIMMING

MA-OW 1 Events and age groups

- MA-OW 1.1 Events are:
-Open Water Swimming (men), up to 5 km;
-Open Water Swimming (women), up to 5 km.
- MA-OW 1.2 Age groups are:
25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59,
60-64 , 65-69 ,70-74, 75+.

MA-OW 2 Confirmation of Participation and seeding

- MA-OW 2.1 Competitors shall confirm their participation to the Organising committee not later than twelve o'clock a.m. (12.00) on the day prior to the event.
- MA-OW 2.2 Competitors will be seeded in waves according to age groups. Competitors may be selected irrespective of gender.
- MA-OW 2.3 All competitors will receive and must wear a brightly coloured numbered cap according to the seeding. When water temperature is under 20°C wetsuit can be worn. All swimsuits (also wetsuit) must be according to FINA rules.

MA-OW 2.4 For the LEN European Masters Championships a cut off time of 30 minutes per kilometer may be applied.

MA-OW 3 Start

MA-OW 3.1 The Referee shall only allow the race to start if the security requirements are fulfilled. The Referee may be overruled by the Technical Delegate.

MA-OW 3.2 The Technical Delegate may shorten the distance of the event, due to weather conditions, water temperature and/or if the security requirements are not fulfilled.

MA-AS ARTISTIC SWIMMING

MA-AS 1 Events

MA-AS 1.1 Events are:
Solo, Duet, Mixed Duet and Team, each with Technical Routine & Free Routine, and Free Combination for men and women
Teams shall consist of a minimum of four (4) and a maximum of eight (8) members.
Free Combinations shall consist of a minimum of four (4) and a maximum of ten (10) members.

MA-AS 1.2 For Duets one (1) reserve and for Teams and Free Combinations a maximum of two (2) reserves may be entered.

MA-AS 2 Age Groups

MA-AS 2.1 Age Groups for Solo are:
25-29, 30-39, 40-49, 50-59,60-69,70-79,80+

MA-AS 2.2 Age Groups for Duet and Mixed Duet are:
25-29, 30-39, 40-49, 50-59, 60-69,70-79, 80+
with the age determined by the average age of the competitors.

MA-AS 2.3 Age Groups for Teams are:
25-34, 35-49, 50-64, 65+
with the age determined by the average age of the competitors.

MA-AS 2.4 Age Group for Free Combinations are:
25-39, 40-64, and 65+
With the age determined by the average of the competitors.

MA-AS 3 Competitions

MA-AS 3.1 The Technical Routine shall be performed according to the FINA required elements for Masters Technical Routines and By-Laws. Technical Routines have to include all required elements.
Music selection is optional and may be the same music as used in the Free Routine.
Music should be sent in digital form in advance to the organizer.

MA-AS 3.2 There are no restrictions for Free Routines neither in regard to choice of music nor in regard to content of choreography.

MA-AS 3.3 Scoring will be calculated as in FINA Rules and By-Laws for Masters and Artistic Swimming.

MA-AS 3.4 The order of events shall be decided by the Bureau Executive after consultation of the MaC and the Bureau Liaison to this Committee.

MA-AS 3.5 The order of appearance for Technical Routines and Free Routines shall be decided by draw for each event in each age group.
The age group to start is pulled, and the age groups are drawn by lot.

The draw may take place either at the Team Leaders Meeting to be held no later than twenty-four (24) hours before the beginning of the first part of the competition or in advance by the LOC but shall be conducted in public under the direction of the Technical Delegates.

MA-AS 3.6 The order of appearance for each event and each age group shall be decided by draw. The draw shall take place either at the Team Leaders Meeting to be held no later than twenty-four (24) hours before the beginning of the first part of the competition or in advance by the LOC and shall be conducted in public under the direction of the Technical Delegates.

MA-AS 4 Time Limits

MA-AS 4.1 Time limits for the Technical and Free Routines for Solo, Duet, Teams, and for Free Combinations shall be in accordance with FINA Masters Artistic Swimming Rules and By-Laws.

MA-AS 5 Confirmation of participation and composition of duet and team events

MA-AS 5.1 Competitors participating in Duet and Team events shall confirm their participation to the Organising Committee no later than six p.m. (18.00 hrs) on the day prior to the event.

MA-AS 5.2 Reserve swimmers may be substituted up to two hours prior to the start of the first routine of the relevant event