



LEN EXTRAORDINARY CONGRESS CASCAIS 2022

Cascais (POR), 14th May 2022



CASCAIS





MESSAGE OF LEN PRESIDENT

António José Silva

It is an honour and a privilege to welcome you to this LEN Extraordinary Congress in Cascais, the first full gathering of the European aquatics' family since the elections on February 5.

Since that date, my colleagues on the new Bureau have worked extremely hard to ensure that we deliver on the promises made during the election campaign. Firstly, it was important to make a thorough review of the LEN resources, structure, policies and procedures as well as operational methods. This will allow us to make necessary changes that will improve the organisation to better serve the federations, athletes and other stakeholders.

It was also vital that we worked on changing the culture of LEN, to make it more open, democratic and forward looking. We are committed to putting Integrity at the heart of everything we do but we have also ramped up our communications so that National Federations are kept aware of what we are doing.

This Congress is a crucial milestone because we are now in a position to present solid achievements, including the results of the partnership with SIGA to provide an independent audit of LEN governance and the launch of a new Whistleblowing Integrity hotline. We will also vote on much needed new constitutional by-laws which will make us more accountable and efficient, as well as better aligned with ongoing FINA reforms.

It is also important to underline that we are going to present the outputs from each one of the pillars of reform set out during the campaign. This is a consequence of a new way of cooperating. We have gathered the input of recently created reform commissions in each of the aquatic disciplines, the aquatic support programme commissions of education, para-swimming, learning to swim, swimming dropout and gender equity, as well as the FINA Reform Committee. Everyone has been working together for the greater good.

Finally, I want to thank all of you for being able to work in a friendly and collaborative way on behalf of our sport. Since the election, we have had to cope with the horrors of war but I believe LEN acted swiftly, and decisively, to support our friends in Ukraine, and to condemn acts of violence. We know that sport brings people together and look forward to the day when Europe is at peace again.

Thanks for your attention and I look forward to a fruitful meeting.

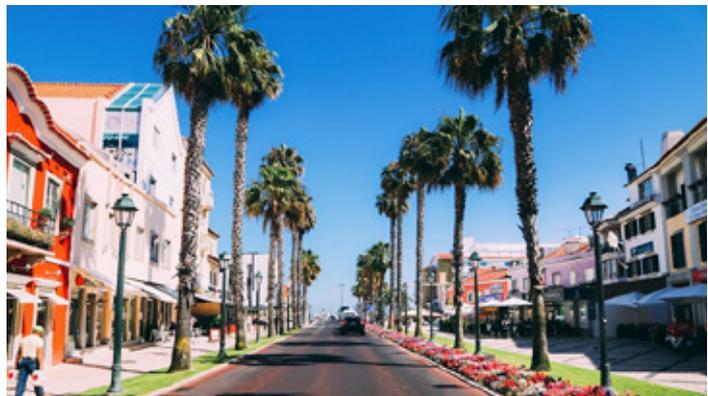
ANTÓNIO JOSÉ SILVA
LEN President

HOST CITY

About Cascais

Situated close to the sea and traditionally a fishing village, Cascais enjoyed an important period of development in the 14th century, when it was a major stopping off point for boats on their way to Lisbon; and then in the 19th century, when the nobility started building palaces and extremely beautiful villas for their Summer holidays, completely transforming the appearance of the village.

Nowadays, Cascais is a very lively and cosmopolitan town that still preserves a great deal of its earlier aristocratic atmosphere. There you will find shops of the highest quality, art museums, many outdoor cafés and restaurants of local cuisine (mainly the fresh fish and shellfish dishes) and essentially, you will enjoy one of Cascais' greatest attractions - the beaches.



USEFUL CONTACTS

Should you have any questions or queries regarding the information provided in this document, please feel free to contact us through the following addresses:

LOC

barbara.oliveira@fpnatacao.pt

LEN

lenoffice@len.eu

TRAVEL INFORMATION

Visa

If you require assistance with your visa please contact the event organizer (LOC) barbara.oliveira@fpnatacao.pt. We will be happy to assist you in providing a support letter.

Getting There

Lisbon Airport (<https://www.aeroportoisboa.pt/en/lis/home>) will be the Congress' Official Airport. Transfers will be provided to the Hotel and from the Hotel to the Airport and there will be a point of contact waiting to meet you upon arrival. Please do not forget to fill in the attached Travel Form.

ACCOMMODATION



CONGRESS HOTEL Hotel Cascais Miragem ★★★★★

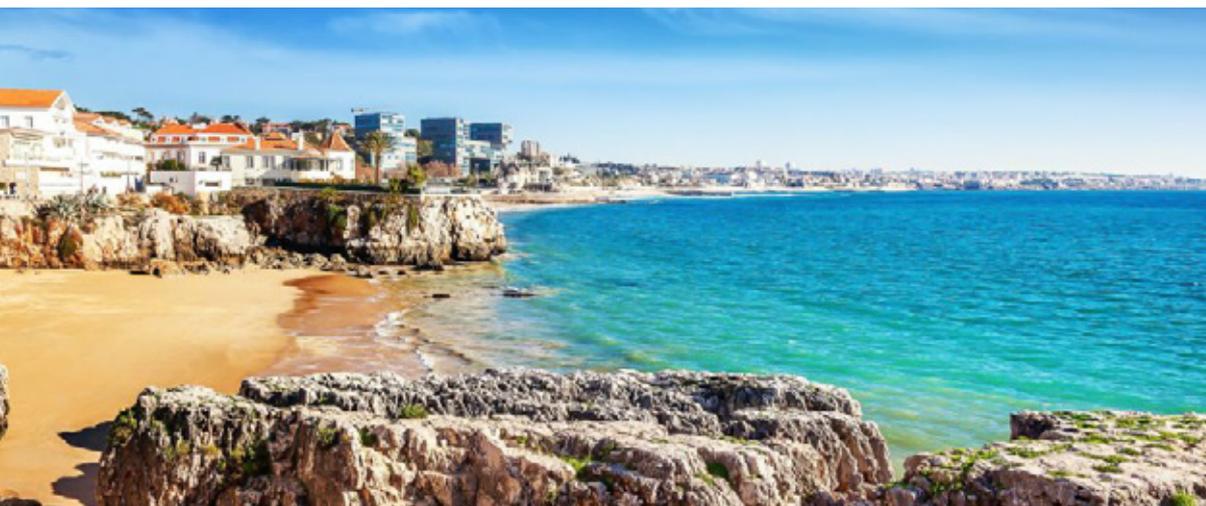
The hotel is 9 minutes walk from the beach and the outdoor infinity pool overlooks the Atlantic Ocean. The hotel features a Spa, a Health Club, restaurants and free WiFi throughout the property. Rooms feature a marble bathroom stocked with a robe and luxury bathroom amenities. Some have floor-to-ceiling windows and a furnished, Cascais Bay-view terrace. A buffet breakfast is available and served each morning at the hotel's meal area. Guests can enjoy traditional Portuguese dishes at Gourmet Restaurant, which overlooks Cascais Marina, or an international, buffet-style restaurant and a poolside bar. The Hotel Cascais Miragem is a 25-minute drive from Lisbon's Airport.

Prices (per person per night)

SINGLE ROOM	TWIN/DOUBLE ROOM
240 €	280 €

The above rates include breakfast, friday dinner and saturday lunch, complimentary Wi-fi, taxes, free transportation to and from the Lisbon Airport.

Travel assistance up to a total maximum 800 EUR will be provided by either LEN or the LOC for the registered delegates of the Federations present on site and attending the Congress.



TRAVEL DETAILS AND BOOKING

Please complete the attached Accommodation and Travel Forms and return to the LOC and LEN Office, no later than April 19th.

Contact persons

LOC: Bárbara Oliveira (barbara.oliveira@fpnatacao.pt)

LEN: lenoffice@len.eu

Booking Terms & Conditions

Deadline for accommodation bookings and 100% payment is due by Thursday, April 19th 2022. Any cancellations thereafter will be strictly non-refundable. Please send the proof of payment to barbara.oliveira@fpnatacao.pt.

Payments

Payments can be made via bank transfer to the following account:

Account Name: Federação Portuguesa de Natação

Bank Name: Banco Santander

Bank Adress: Rua Alves Redol 17/21, 2600-099 Vila Franca de Xira - Portugal

Account Number (IBAN): PT50 0018 0003 1333 0170 02088

Swift Code: TOTAPTPL

Ref: LEN CONGRESS _____ (Country code)

PROVISIONAL SCHEDULE

FRIDAY, MAY 13th

	Meetings
19h00	Gala Dinner

SATURDAY, MAY 14th

09h30	Registration & Refreshments
10h00	LEN Congress
13h00	Official Lunch
14h30	Sightseeing Tour
Departures of Delegates	

SUNDAY, MAY 15th

Departures of Delegates

Sightseeing Tour

The LOC and the City of Cascais are preparing something special for you on Saturday, 14th May (afternoon). More details will be provided upon arrival.

Registration

Please find attached the Congress Registration Form.

Please fill the form and return it no later than April 19th, to the following e-mails:

barbara.oliveira@fpnatacao.pt and lenoffice@len.eu

LEN and the Portuguese Swimming Federation (LOC) wish you a pleasant stay in Portugal and thank you for joining us on the occasion of LEN Congress 2022.

Attachments: Congress Registration Form, Accommodation Booking Form, Travel Form

