

EUROPEAN UNDER 23 SWIMMING CHAMPIONSHIPS 2023 **(UPDATED 27 FEBRUARY 2023)**

In addition to the LEN General Event Rules the following

REGULATIONS

shall apply:

U23-SW 1 ORGANISATION

U23-SW 1.1 The Championships shall be held in alternate years immediately prior to or immediately following the conclusion of the World Aquatics Championships.

U23-SW 1.2 The organising Federation and the place where the Championships will be held shall be decided by the LEN Bureau and circulated by the LEN Office.

U23-SW 1.3 Seven (7) Delegates, one (1) to be appointed by the Bureau and six (6) by the LEN Technical Swimming Committee (LEN TSC), will be responsible for and supervise the organisation and the correct conduct of the competitions according to LEN Rules and Regulations. The TSC Delegates shall act in the following capacities:

- Two Technical Delegates
- Two Referees
- One Control Room Supervisor
- One Call Room Supervisor.

The Delegates will decide on all matters arising on site at the competitions which require an immediate decision.

U23-SW 2 EVENTS & PARTICIPATION

U23-SW 2.1

The Championships shall be open to all Federations. For the 2023 LEN reserves the right to invite other Members of World Aquatics to participate in these Championships, hereinafter referred to as "Non-LEN Federations".

All competitors shall be aged between 19 and 23 years by 31 December in the year of competition with the minimum age category being 19 years. In addition, a competitor who has achieved an "A" qualifying time for the World Aquatics Championships 2023 shall compete in that event in Fukuoka 2023 to be eligible to compete in the equivalent event in Dublin. For the avoidance of doubt, i) if a swimmer has achieved an "A" qualification time for Fukuoka 2023 but is not part of his / her national team traveling to Japan, or ii) has not achieved an "A" qualifying time for Fukuoka 2023, he / she may still compete in Dublin, as long as he / she meets the age criterion.

Exceptionally for the 2023 Championships a Federation may enter a maximum of one competitor per event in the age category 14-18 years (born 2005-2009) as part of its four competitors per event (see U23-SW2.3 below).

U23-SW 2.2 Events are (men and women):

- a) Freestyle 50 m, 100 m, 200 m, 400 m, 800 m, 1500 m;
- b) Breaststroke 50 m, 100 m, 200 m;
- c) Backstroke 50 m, 100 m, 200 m;
- d) Butterfly 50 m, 100 m, 200 m;
- e) Individual Medley 200 m, 400 m;
- f) Relay events may be included in the Competition Programme at the discretion of the LEN TSC
- g) Skins races may be included in the Competition Programme at the discretion of the LEN TSC.

U23-SW 2.3 In individual events a maximum of four (4) entries per Federation and per event may be submitted.

Notwithstanding times and places achieved in the heats, only the two (2) fastest swimmers of each Federation may:

- a) proceed to the semi-finals and/or finals;
- b) take part in a swim off;
- c) be nominated as a reserve.

In any event where heats are not held a maximum of two (2) swimmers per Federation may take part in semi-finals or finals.

A maximum of four swimmers from Non-LEN Federations may compete in the semi-finals of each event, with a maximum of two swimmers from Non-LEN Federations proceeding to compete in the final.

U23-SW 2.4 In relay events entries for one (1) team per Federation and per event may be submitted. All swimmers entered for the Championships may swim in relays.

U23-SW 2.5 The order of the events will be circulated by the LEN Office.

U23-SW 3 FORMAT

U23-SW 3.1 Standards and Lane Placing

U23-SW 3.1.1 Entries will be accepted regardless of standards, but they shall include entry times.

U23-SW 3.1.2 The entry time shall be taken from the LEN Ranking list.

Only entry times achieved in a 50m pool shall be accepted.

Entry times shall not be older than 15 months prior to the first day of the swimming competition.

U23-SW 3.1.3 Lane placing will be:

- a) for individual swimming according to World Aquatics Rules, based on the entry times;
- b) for relay heats, by draw.

U23-SW 3.1.4 Heats and Finals may be swum using 10 lanes.

U23-SW 3.2 Qualification System

U23-SW 3.2.1 In the 50m, 100m, 200m and 400m events, except the 400m Individual Medley, there will be heats and finals.

U23-SW 3.2.2 The 800m and 1500m freestyle events, as well as the 400m Individual Medley, will be swum as timed final events.

U23-SW 3.2.3 An individual swimmer or a relay team qualified but not wishing to take part in a semi-final or final shall withdraw within thirty (30) minutes from the end of the heats or semi-finals concerned; otherwise, a fine according to Rule E 17.6 will be imposed.

U23-SW 3.2.4 Reserves for finals will be the next ranked swimmers in the heats. Team managers are responsible to ensure that reserves are present. A Federation failing to do so shall be fined according to E 17.6.

U23-SW 3.3 Relays

The composition of relay teams shall be declared in order of swimming no later than one hour before the commencement of the session in which the race will take place. In a case of emergency, the referee on request in writing may accept changes up to the time of the start.

U23-SW 3.4 Skins races

U23-SW 3.4.1 The fastest eight competitors in each of the 50m Freestyle finals will be invited to compete in the respective 50m Freestyle skins event.

U23-SW 3.4.2 Skin race rounds will be conducted every 3 minutes and the athletes will return behind the blocks after rounds 1 & 2:

- 1st Round 8 athletes
- 2nd Round 4 athletes (being the fastest four competitors from the 1st round)
- Final Round 2 athletes (being the fastest two competitors from the 2nd round)

U23-SW 3.4.3 The “eliminated” athletes will return to their team preparation area.

U23-SW 3.4.4 The qualified athletes cannot use any pool to cool down between rounds and they must exit the pool within 30 seconds after the end of the relevant round (1 or 2).

U23-SW 3.4.5 The lanes that the qualified athletes will use will be according to their lane in the final of the respective 50m event.

U23-SW 4 ENTRIES

U23-SW 4.1 Preliminary Entries shall be submitted to the organising Federation, with copy to the LEN Office, no later than the date circulated by the LEN Office.

U23-SW 4.2 A Federation having made a Preliminary Entry may withdraw up to the date circulated by the LEN Office.

U23-SW 4.3 Named entries shall be submitted to the organising Federation, with copy to the LEN Office, no later than ten (10) days before the first day of the competition, if not announced otherwise.

U23-SW 4.4 Competitors who cannot prove identity, age and citizenship shall not be permitted to take part in the competitions.

U23-SW 5 ACCREDITATION

U23-SW 5.1 Federations entering the Championships will receive accreditation for:

- a) the President of the Federation;
- b) the Head of the Delegation;
- c) the entered competitors;
- d) one medical person;
- e) a second medical person if more than twenty competitors have been entered;
- f) one physiotherapist for up to 10 athletes entered, two for 10 to 20 athletes entered, three for 20 to 30 athletes entered, etc.
- g) team staff members:
 - 6 for up to 15 competitors;
 - 7 for up to 20 competitors;
 - 8 for more than 20 competitors.

The number of team staff members may not exceed the number of competitors.

U23-SW 5.2 Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc. (not officials such as judges etc.).

U23-SW 6 OFFICIALS

U23-SW 6.1 The LEN TSC will appoint one (1) starter.

U23-SW 6.2 Federations may nominate one or two officials qualified from one of the current World Aquatics lists.

Nominations shall be submitted on the official form to the LEN Office no later than the date circulated by the LEN Office.

The costs (travel and accommodation) of officials approved by the LEN TSC will be paid by the nominating Federation.

U23-SW 6.3 The organising Federation shall supply all other officials.

U23-SW 6.4 The LEN Delegates will nominate the officials in charge for each competition day.

U23-SW 7 AWARDS

U23-SW 7.1 All awards, including the allocation of any prize money to be awarded, shall be determined by the LEN TSC, details of which will be communicated in the LEN Information Circular for these Championships.

Best Regards,

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