

LEN
ACCREDITED
TRAINING CENTRES
REQUIREMENTS

APRIL 2023

Accreditation by LEN of centres providing training camp & high-performance services

Aim

- Design and set-up the procedures to do the accreditation of centres offering training camp & high-performance services to its stakeholders (i.e. its members' athletes).
- Build a network of accredited centres that is offered to LEN members, where they can find a one-stop shop to carry out training and development of their athletes.
- Set-up the bases to establish the LEN Innovation Hub

Centre entitlements

Accredited Centre is entitled to:

- LEN accreditation badge
- Dissemination of the badge in their communication channels (T&C may apply)
- Dissemination of the badge by LEN in their communication channels (T&C may apply)

Criteria / Requirements

Details are found in the following set of requirements:

(see next page)

<p>Technical Requirements</p>	<p>To offer the minimum technical requirements for the different disciplines, such as</p> <ul style="list-style-type: none"> • an 8 or 10 lane deep enough swimming pool, • a diving pool (which may also host artistic swimming), with big enough pool deck space, • with new tech equipment and devices, (blocks, touchpads, electronic timing available, etc), • regular and underwater cameras, plus a swim flume would be considered an advantage. <p>Strength & Conditioning rooms and any additional dryland training areas, such as specific room and equipment for diving training.</p>
<p>Additional to technical</p>	<p>Meeting rooms near the training areas for</p> <ul style="list-style-type: none"> • consultations, • analyses, • recreational activities, • etc.
<p>Health / Performance / Recovery / Rehabilitation</p>	<ul style="list-style-type: none"> • near training areas to address issues quickly, • to minimize “dead times” between sessions and extra-sessions.
<p>Details considered an advantage</p>	<p>Cryotherapy, blood analysis and more sports medicine services are considered an advantage.</p> <p>Offered accommodation is an advantage. If not, then at least 3- 4- and 5- star hotels must be very close to training areas.</p> <p>Sports meals (specialized chefs) to be offered.</p>
<p>Logistics</p>	<ul style="list-style-type: none"> • Not more than 50km from airport (preferably international), • enough staff that can support athletes with pre-arrival and during the camp matters (visas, missing luggage, language, flights, transfers, general advice)