

EUROPEAN CHAMPIONSHIPS Swimming (50m), Diving, Artistic Swimming and Open Water Swimming

(UPDATED January 2023)

In addition to the LEN General Event Rules the following

REGULATIONS

shall apply:

EURO 1 EVENTS AND ORGANISATION

EURO 1.1 The Championships shall be conducted in Swimming (50m), Diving, Artistic Swimming and Open Water Swimming.

EURO 1.2 The Championships shall be held every even year.

EURO 1.3 The organising Federation and the place where the Championships shall be held shall be decided by the LEN Bureau and circulated by the LEN Office.

EURO 1.4 The order of the events shall be decided by the LEN Bureau and circulated by the LEN Office.

EURO 1.5 The LEN Bureau and the LEN Technical Committees for Swimming (LEN TSC), Diving (LEN TDC), Artistic Swimming (LEN TASC) and Open Water Swimming (LEN TOWSC) shall be responsible for and supervise the correct conduct of the competitions according to LEN Rules and Regulations.

EURO 2 GENERAL

EURO 2.1 Entries

EURO 2.1.1 Preliminary Entries shall be submitted to the organising Federation, with copy to the LEN Office, no later than the date circulated by the LEN Office.

EURO 2.1.2 A Federation having made a Preliminary Entry may withdraw up to the date circulated by the LEN Office.

EURO 2.1.3 Named entries shall be submitted to the organising Federation, with copy to the LEN Office, no later than ten (10) days before the first day of the competitions in the respective discipline, if not announced otherwise.

EURO 2.1.4 Competitors who cannot prove identity and citizenship shall not be permitted to take part in the competitions.

EURO 2.2 Accreditation

EURO 2.2.1 Federations entering the Championships shall receive accreditation for:

- a) the President of the Federation;
- b) the Head of the Delegation;
- c) the entered competitors;
- d) one medical person;
- e) a second medical person if more than twenty competitors have been entered;
- f) one physiotherapist for up to 10 athletes entered, two for 10 to 20 athletes entered, three for 20 to 30 athletes entered, etc.
- g) a maximum number of team staff members (EURO 3.6, 4.5, 5.6 and 6.6).

EURO 2.2.2 Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc., but not officials such as judges, referees, etc.

EURO 3 SWIMMING

EURO 3.1 Events and Participation

EURO 3.1.1 Events are (men and women):

- Freestyle 50 m, 100 m, 200 m, 400 m, 800 m, 1500 m;
- Breaststroke 50 m, 100 m, 200 m;
- Backstroke 50 m, 100 m, 200 m;
- Butterfly 50 m, 100 m, 200 m;
- Individual Medley 200 m, 400 m;
- Freestyle Relays 4 x 100 m, 4 x 200 m;
- Medley Relay 4 x 100 m;
- Mixed Relays 4 x 100 m Freestyle, 4 x 100 m Medley.

EURO 3.1.2 In individual events a maximum of four (4) entries per Federation and per event may be submitted.

Notwithstanding times and places achieved in the heats, only the two (2) fastest swimmers of each Federation may:

- a) proceed to the semi-finals and/or finals;
- b) take part in a swim off;
- c) be nominated as a reserve.

In any event where heats are not held a maximum of two (2) swimmers per Federation may take part in semi-finals, finals or timed finals.

EURO 3.1.3 In relay events one (1) team per Federation and per event may be submitted.

EURO 3.2 Standards and Lane Placing

EURO 3.2.1 Entries shall be accepted regardless of standards, but they shall include entry times including 0.00

EURO 3.2.2 The entry time shall be taken from the LEN Ranking list.

Only entry times achieved in a 50m pool shall be accepted.

Entry times shall not be older than fifteen (15) months prior to the first day of the swimming competition.

EURO 3.2.3 Lane placing shall be:

- a) for individual swimming according to FINA Rules, based on the entry times;
- b) for relay heats and direct finals by draw.

EURO 3.2.4 Heats, Semi-Finals and Finals may be swum using 10 lanes.

EURO 3.3 Qualification System

EURO 3.3.1 In the 50 m, 100 m and 200 m events there shall be heats, semi-finals and finals.

In all other events there shall be heats and finals.

EURO 3.3.2 Where semi-finals are held, the qualifiers for the final shall be 1st and 2nd in each semi-final together with the fastest times from the remaining swimmers in the semi-finals.

In events without semi-finals, qualification for the final shall be based on times established in the heats in accordance with FINA Rules.

EURO 3.3.3 An individual swimmer or relay team qualified but not wishing to take part in a semi-final or final shall withdraw within thirty (30) minutes from the end of the heats or semi-finals concerned; otherwise they shall be fined according to Rule E 17.6.

EURO 3.3.4 Reserves for semi-finals and finals shall be based on times established in the heats or semi-finals.

In cases of withdrawal it is the responsibility of the team manager to ensure the reserve is present. A Federation failing to do so shall be fined according to E 17.6.

EURO 3.4 Relays

EURO 3.4.1 All swimmers entered for the Championships may swim in relays.

EURO 3.4.2 The composition of relay teams shall be declared in order of swimming no later than one hour before the commencement of the session in which the race shall take place.

In a case of emergency the referee on request in writing may accept changes up to the time of the start

EURO 3.4.3 The composition of a relay team may be changed between heats and finals of an event.

EURO 3.5 Officials

EURO 3.5.1 One (1) Technical Delegate, four (4) referees, one (1) starter and one (1) announcer shall be appointed by the LEN TSC.

EURO 3.5.2 Federations may nominate one or two officials qualified on one of the current FINA Lists.

Nominations shall be submitted to the LEN Office no later than the date announced by the LEN Office.

Officials approved by the TSC are on the costs of the nominating Federation.

EURO 3.5.3 The Organising Federation shall supply all other officials.

EURO 3.5.4 The LEN TSC shall nominate the officials in charge for each competition day.

EURO 3.6 Team Staff Accreditation

Each Federation entering one or more Swimming event(s) shall receive the following maximum team staff accreditations (see EURO 2.2.1):

- a) 6 for up to 15 competitors;
- b) 7 for up to 20 competitors;
- c) 8 for more than 20 competitors.

However the number of team staff members shall not exceed the number of competitors plus one.

EURO 3.7 Championships Trophy Swimming

EURO 3.7.1 The Trophy shall be awarded to the Federation obtaining the highest number of points in both men's and women's events according to the following system:

- a) in individual events using 8 lanes:
places 1 – 8: 18,16,15,14,13,12,11,10 points
places 9 – 16: 8,7,6,5,4,3,2,1 points
- b) in relay events using 8 lanes:
places 1 – 8: 36,32,30,28,26,24,22,20 points
- c) in individual events using 10 lanes:
places 1 – 10: 22,20,19,18,17,16,15,14,13,12 points
places 11 – 20: 10,9,8,7,6,5,4,3,2,1 points
- d) in relay events using 10 lanes:
places 1 – 10: 40,36,34,32,30,28,26,24,22,20 points

EURO 3.7.2 In case of a tie the highest points shall be awarded to each swimmer or relay team.

EURO 4 DIVING

EURO 4.1 Events and Participation

EURO 4.1.1 Events are (men and women):

- a) Individual Diving:
 - Springboard 1 m;
 - Springboard 3 m;
 - Platform 10 m.
- b) Synchronised Diving:
 - Springboard 3 m;
 - Platform 10 m.
 - Mixed Synchro 3m
 - Mixed Synchro 10m
- c) - Mix Team Event

EURO 4.1.2 In individual diving events two (2) entries per Federation and per event may be submitted.

EURO 4.1.3 In synchronised diving events one (1) team per Federation may be entered.

EURO 4.1.4 In the Mix Team Event, one (1) team, composed of 2 up to 4 divers, male and female, per Federation may be entered.

EURO 4.2 FORMAT FOR INDIVIDUAL DIVING EVENTS

EURO 4.2.1 Individual diving events on 1m, 3m and 10m will be held in two sessions with Preliminaries and Finals with twelve (12) divers.

EURO 4.2.2 The starting order of the divers in the Final will be according to the reverse order of their placing as determined by their total scores at the end of the Preliminaries. All divers start with zero (0) points.

- EURO 4.2.3 The dives to be performed are:
- a) Women's 1m, 3m and 10m events: five (5) dives from five (5) different groups without limit of Degree of Difficulty (DD);
 - b) Men's 1m and 3m events: six (6) dives from five (5) different groups without limit of DD;
 - c) Men's 10m event: six (6) dives from six (6) different groups without limit of DD.

EURO 4.3 FORMAT FOR SYNCHRONISED DIVING EVENTS

- EURO 4.3.1 The synchronized diving events (3m springboard and 10m platform) shall be held in one (1) session with a direct Final.
- EURO 4.3.2 The starting order of the teams will be drawn at the Team Leader's Meeting. All teams shall start with zero (0) points.
- EURO 4.3.3 The dives to be performed in the direct Final are according to the FINA rules (five (5) dives for women and mixed synchro events and six (6) dives for men).
- EURO 4.3.4 **FORMAT FOR THE MIXED SYNCHRO EVENTS**

Mixed Synchro Diving – 3m springboard and 10m platform

There shall be a direct final.

Mixed Synchronised Diving Event

At the European Championships, European Diving Championships and other LEN Diving Events Mixed Synchronised Diving Events can be conducted.

The Competition shall comprise two (2) divers (one (1) male and one (1) female) of the same Federation

Every competition for Mixed Synchronised on 3m springboard and 10m platform shall comprise five (5) rounds of dives from five (5) groups.

Two (2) rounds of dives with an assigned degree of difficulty of 2.0 regardless of the formula and three (3) rounds of dives without limit of degree of difficulty.

EURO 4.4 FORMAT FOR THE MIX TEAM EVENT

- EURO 4.4.1 At all LEN Events the teams shall comprise two (2) up to four (4) competitors of the same Federation (at least one male and one female who compose the Mix Team)
- EURO 4.4.2 The Mix team diving competition involves female and male divers.
- EURO 4.4.3 Every competition shall comprise six (6) different dives, three (3) from 3m and three (3) from 10m with free DD from six (6) different groups.
Two (2) are individual dives from the 3m springboard performed one by a male and one by a female diver, the other two (2) are individual dives from 10m platform performed one by a male and one by a female diver and two are mixed synchro dives (man and woman) respectively one from 3m springboard and one from the 10m platform.
- EURO 4.4.4 The Diving Order is drawn by teams, which will perform in four (4) consecutive rounds starting with any of the two performing divers. All three dives from 3m first, followed by the three from 10m.
- EURO 4.4.5 For the two synchro dives the judges are the same judging with one score the overall impression of the dive.

Format summary

	Team: composed by 2 up to 4 divers (mixed boys and girls)			
Rounds	6 dives		(6) six Groups must be used	DD
1	3m	Individual dive Woman		Free DD
	3m	Individual Dive Man		Free DD
2	3m	Mixed Synchro Dive Man/Women		Free DD
3	10m	Individual dive Woman		Free DD
	10m	Individual Dive Man		Free DD
4	10m	Mixed Synchro Dive Man/Women		Free DD

EURO 4.5 TIES

- EURO 4.5.1 In case of a tie all tied divers or teams proceed to the next round.
- EURO 4.5.2 In case of a tie in the final all tied divers or teams will be ranked at the same place.

EURO 4.6 Officials

- EURO 4.6.1 Acting Judges are not allowed to act as coaches throughout the actual Championships. Judges who do not respect this Regulation shall be excluded from the Championships.
- EURO 4.6.2 The LEN TDC shall appoint the Technical Delegate, the Referee, the judges panel(s) and the other officials for each event.
- EURO 4.6.3 Participating Federations may nominate one (1) or two (2) judges qualified on the current A-List of LEN.
- EURO 4.6.4 Federations entering three (3) divers or more are obliged to nominate at least one (1) judge qualified on the current A-list of LEN.

A Federation not providing a judge in the category prescribed shall pay a fine of one thousand (1,000) EURO to LEN.

A Federation that has a B judge with good evaluations but no A judge on the current LEN list may be allowed to enter the B judge provided an application is made and accepted. The application is to be sent to the LEN TDC Secretary before the entry deadline for judges.

- EURO 4.6.5 Nominations shall be submitted to the LEN Office no later than the date circulated by the LEN Office.
- EURO 4.6.6 Officials approved by the LEN TDC are on the costs of the nominating Federation.
- EURO 4.6.7 The Organising Federation shall supply all other officials.
- EURO 4.6.8 Acting judges may be evaluated.

EURO 4.7 Team Staff Accreditation

Each Federation entering one or more Diving event(s) shall receive the following maximum team staff accreditations (see EURO 2.2.1):

- a) 6 for up to 5 competitors;
- b) 7 for up to 8 competitors;
- c) 8 for more than 8 competitors.

However, the number of team staff members shall not exceed the number of competitors plus one.

EURO 4.8 Championships Trophy Diving

The Trophy shall be awarded to the Federation obtaining the highest number of points in both men's and women's events, according to the following system:

- a) In individual diving; 1st place: 13 points, 2nd place: 11 points, 3rd place: 10 points and so on until 12th place: 1 point.
- b) In synchronized diving and team event; 1st place: 26 points, 2nd place: 22 points, 3rd place: 20 points and so on until 12th place: 2 points.

In case of a tie the highest points shall be awarded to each diver, synchro duo, or team.

EURO 5 ARTISTIC SWIMMING

EURO 5.1 Events and Participation

EURO 5.1.1 Events are:

- Solo TechnicalFemale
- Solo Free Female
- Solo Technical Male
- Solo Free Male
- Duet Technical
- Duet Free
- Mixed Duet Technical
- Mixed Duet Free
- TeamTechnical
- Team Free
- Free Combination
- AcrobaticRoutine

EURO 5.1.2 Federations may submit entries for:

- one (1) Solo Technical Female with maximum one (1) reserve
- one (1) Solo Free Female with maximum one (1) reserve
- one (1) Solo Technical Male with maximum one (1) reserve
- one (1) Solo Free Male with maximum one (1) reserve
- one (1) Duet Technical with maximum one (1) reserve
- one (1) Duet Free with maximum one (1) reserve
- one (1) Mixed Duet Technical with one (1) male athlete and one (1) female athlete with maximum one (1) male reserve and one (1) female reserve
- one (1) Mixed Duet Free with one (1) male athlete and one (1) female athlete with maximum one (1) male reserve and one (1) female reserve
- one Team Technical with four (4) to eight (8) athletes with maximum two (2) reserves
- one Team Free with four (4) to eight (8) athletes with maximum two (2) reserves
- one Free Combination with four (4) to ten (10) athletes with maximum two (2) reserves
- one Acrobatic Routine with four (4) to eight (8) athletes with maximum two (2) reserves

The total number of athletes entered may not exceed fourteen (14). In the case that one (1) Mixed Duet and/or one (1) Solo Male is entered, the total number of athletes may be sixteen (16).

Note: All events are open to male and female athletes, unless specified in the title of the event.

EURO 5.1.3 Rules for Free Combination

According to the Appendix 5 of World Aquatics, with the exceptions of safety limitations for the DD in the team

Acrobatics. EURO 5.1.4 Entries

EURO 5.1.4.1 Preliminary Entries shall be submitted to the organizing Federation, with copy to the LEN Office, no later than the date circulated by the LEN Office.

EURO 5.1.4.2 A Federation having made a Preliminary Entry may withdraw up to the date circulated by the LEN Office.

EURO 5.1.4.3 Named Entries and Coach Cards for all routines entered shall be submitted to the organizing Federation, with copy to the LEN Office, no later than fourteen (14) days before the first day of the competition, if not announced otherwise.

EURO 5.1.4.4 Competitors who cannot prove identity, age and citizenship shall not be permitted to take part in the competition.

EURO 5.2 Standards

EURO 5.2.1 All LEN Federations wishing to participate to the EC will be allowed to compete with their athletes without any required standard.

EURO 5.3 Final Results

EURO 5.3.1 All events are calculated separately and are worth 100%.

EURO 5.3.2 Solo Free Female, Duet Free and Team Free will be held with Preliminaries and Finals. If there are more than twelve (12) entries in Technical Routines, Free Combination, Acrobatic Routine, Solo Free Male and Mixed Duet Free, Preliminaries may be held.

EURO 5.3.3 The twelve (12) best results shall qualify for the Final.

EURO 5.3.4 The Finals shall start with zero points ("Clean Finals").

EURO 5.3.5 Withdrawals from any Finals shall be announced no later than one (1) hour after the end of the Preliminaries concerned, otherwise they shall be fined (See Rule E 17.6.)

EURO 5.4 Composition of Routines

The composition of Female and Male Solos (for Preliminaries only), Duets, Mixed Duets, Teams, Free Combinations and Acrobatic Routines shall be declared no later than two (2) hours before the commencement of the session in which the event shall take place.

EURO 5.5 Officials

EURO 5.5.1 LEN TASC shall nominate one (1) Referee, one (1) Difficulty Technical Controller (DTC), and in agreement with World Aquatics two (2) Evaluators.

EURO 5.5.2 Federations may propose one (1) or two (2) judges qualified on the current World Aquatics List, but only one (1) judge from Category G ("General"). Federations may nominate maximum two (2) technical controllers from the World Aquatics list/LEN list.

Federations may propose a maximum of two (2) judges and/or two (2) technical controllers for shadow panels, if shadow panels are put in place during the competition.

The selected judges must have passed the current World Aquatics AS Certification Course for Officials and the latest World Aquatics online test for officials. Technical Controllers need to have a World Aquatics or LEN Certification. They are obliged to take part in all meetings before and during competition and must be present to all competition sessions.

Proposals shall be submitted to the LEN Office no later than the date announced by the LEN Office. The LEN TASC Commission approves the officials and allocates the assignments of them. The officials approved by LEN are on the costs of the proposing Federation.

EURO 5.5.3 The Organising Federation shall supply all other officials. The Announcer, the Sound Center Manager the Chief Recorder, the Under Water Camera Operator and the Video Replay System for Technical Controllers are to be approved by LEN.

EURO 5.5.4 Acting judges shall be evaluated.

EURO 5.6 Team Staff Accreditation

Each Federation entering one or more Artistic Swimming event(s) shall receive maximum seven (7) team staff accreditations (see EURO 2.2.1).

However, the number of team staff members shall not exceed the number of competitors plus one.

EURO 5.7 Championships Awards Artistic Swimming

EURO 5.7.1 Medals shall be awarded for the competitors placed first, second and third in each event.

EURO 5.7.2 Digital diplomas shall be awarded to all finalists.

EURO 5.7.3 The EC Artistic Swimming Trophy shall be awarded in the following manner:

Final scores will be added for the Federations that participated in the Finals.

Preliminary scores will be added for the Federations that participated only in the Preliminaries. The respective scores of all the events will be added in order to obtain the final ranking and the winner of the Trophy.

EURO 6 OPEN WATER SWIMMING

EURO 6.1 Events and Participation

EURO 6.1.1 Events are (men and women):

- 5 km Individual
- 10 km Individual;
- 25 km Individual;
- 5 km Mix Relay

EURO 6.1.1.1 **5 km Individual**

EURO 6.1.1.2 **10 km Individual;**

EURO 6.1.1.3 **25 km Individual;**

EURO 6.1.1.4 **5 km Mixed Relay = 4 x 1250m (2 Women, 2 Men) 1 team by Nation**

EURO 6.2 Standard

EURO 6.2.1 Entries shall be accepted if the athlete have swum at least one leg of the open water cup during the period between two editions of the European Championships.

EURO 6.2.2 In all events, time limits shall apply as follows:

- a) 5 km, 15 minutes after the arrival of the first swimmer.
- b) 10 km, 30 minutes after the arrival of the first swimmer
- c) 25 km, 75 minutes after the arrival of the first swimmer

EURO 6.3 Transponder

EURO 6.3.1 When Automatic Officiating Equipment is used for timing of competitions microchip transponder technology shall be added to the mandatory equipment. Split times are required.

EURO 6.3.2 It is mandatory for all competitors to wear a microchip transponder on each wrist throughout the race. If a competitor loses the transponder, the boat judge shall immediately inform the referee who shall instruct the responsible official on the water to supply a replacement transponder. Any competitor who finishes the race without two (2) transponders, one on each wrist, shall be disqualified.

EURO 6.4 Disqualification Procedure

EURO 6.4.1 If in the opinion of the Chief Referee or Referees, any swimmer or swimmer's approved representative or escort safety craft takes advantage by committing any violation of the rules or by making intentional contact with any swimmer, the following proceeding shall apply:

1st Infringement:

A yellow flag and a card bearing the swimmer's number shall be raised to indicate and to inform the swimmer that he is in violation of the Rules.

2nd Infringement:

A red flag and a card bearing the swimmer's number shall be raised to indicate and to inform the swimmer that he is for the second time in violation of the Rules. The swimmer shall be disqualified. He must leave the water immediately and be placed in an escort craft, and take no further part in the competition.

EURO 6.4.2 If in the opinion of the Referee an action of a swimmer or a swimmer's approved representative or escort safety craft is deemed to be "unsporting", the Referee shall disqualify the swimmer concerned immediately.

EURO 6.4.3 Swimmers finishing a race with intent in an equal time shall be disqualified.

EURO 6.5 Officials

EURO 6.5.1 The LEN TOWSC shall appoint the Technical Delegate, the Referee, the judges and the other officials for each event.

EURO 6.5.2 Federations may nominate up to three (3) judges qualified on the current LEN and/or FINA List(s).

Nominations shall be submitted to the LEN Office no later than the date announced by the LEN Office.

Officials approved by the LEN TOWSC are on the costs of the nominating Federation.

EURO 6.5.3 The Organising Federation shall supply all other officials.

EURO 6.6 Team Staff Accreditation

Each Federation entering one or more Open Water Swimming event(s) shall receive maximum seven (7) team staff accreditations (see EURO 2.2.1).

However the number of team staff members shall not exceed the number of competitors plus one.

EURO 6.7 Championships Trophy Open Water Swimming

EURO 6.7.1 The Trophy shall be awarded to the Federation obtaining the highest number of points in all events according to the following system:

- 1st: 20 points;

- 2nd: 17 points;

- 3rd: 15 points;

- 4th: 14 points;

and so on until 16th place which receives 2 points.

All other swimmers finishing the race shall receive one (1) point.

EURO 6.7.2 Only two (2) swimmers per Federation and event shall score points.