

**EUROPEAN AQUATICS
JUNIOR OPEN WATER SWIMMING
CHAMPIONSHIPS
(UPDATED 23 March 2024)**

In addition to the European Aquatics General Event Rules the following

REGULATIONS

shall apply:

J-OW 1 ORGANISATION

J-OW 1.1 The Junior Championships shall be held every year.

J-OW 1.2 The Organising Federation and the venue where the Championships will be held shall be decided by the European Aquatics Bureau and circulated by the European Aquatics Office.

J-OW 1.3 Six (6) Delegates, one (1) to be appointed by the Bureau and five (5) by the European Aquatics Technical Open Water Swimming Committee (European Aquatics TOWSC) which will consist of Technical Delegate, Safety Delegate and three referees who will be responsible for and supervising the organisation and the correct conduct of the competitions according to European Aquatics Rules and Regulations. They will take action on all matters arising on site at the competitions which require an immediate decision.

J-OW 1.4 The European Aquatics Delegate(s) shall consult the Organising Federation in all matters concerning safety and security regarding who shall provide safety cover.

J-OW 2 EVENTS & PARTICIPATION

J-OW 2.1 Age Groups as at 31st December of the year of the competition

- a) 14-15 years Boys and Girls
- b) 16-17 years Boys and Girls
- c) 18-19 years Boys and Girls

J-OW 2.2 Events:

J-OW 2.2.1 Individual Events are:

- a) 14-15 years 5 km Boys and Girls
- b) 16-17 years 7.5 km Boys and Girls
- c) 18-19 years 10 km Boys and Girls

J-OW 2.2.2 Mixed Team Relay Events are:

- a) U16 Mixed Team Relay Event
- b) U19 Mixed Team Relay Event

J-OW 2.3 Competition Programme

- a) Day 1: 14-15 years 5 km PM 16-17 years 7.5 km
- b) Day 2: 18-19 years 10 km
- c) Day 3: U16 Mixed Team Relay Event and U19 Mixed Team Relay Event



J-OW 2 .4 Mixed Team Relay Events

- a) Competitors shall all wear team caps of the same colour and style.
- b) Starting order on the platform will be by random draw.
- c) All teams will start together.
- d) Swimmers may swim in any sequence, but may only swim once.
- e) Each swimmer shall complete a lap of 1.50 km.

J-OW 2 .4.1 Relay Changeovers

Relay changeovers shall be made via platform use or in the water.

J-OW 2 .4.2 Platform Changeover

- a) There shall be a change-over zone of a minimum of 5 m in length of sufficient size for the teams competing.
- b) Contact on the relay changeover must be visible.
- c) Where a relay change platform is used, the following competitor may start with a dive from the opposite side of the platform immediately after the arriving competitor touches the platform.
- d) Departing competitors must dive from the start position allocated to their team.

J-OW 2 .4.3 Changeover in the water

- a) There shall be a change-over zone of a minimum of 5 m in length of sufficient size for the teams competing.
- b) Changeovers shall be made with the following competitor in the water in their starting position holding the platform
- c) The touch, between the competitors making the changeover, should be made above the water anywhere between the elbow and the hand when the changeover is in the water.
- d) Departing competitors must start from the start position allocated to their team

J-OW 2 .5 Entries

- a) Each Member Federation may enter a maximum of three (3) girls and three (3) boys competitors per individual event.
- b) One Team per federation per Relay Event. Team event consists of 4 swimmers, 2 girls & 2 boys.

Swimmers may only swim one team event.

J-OW 3 **FORMAT**

J-OW 3.1 Ranking

There shall be separate rankings for men and women. J-OW

3.2 Championships Trophy

The Trophy shall be awarded to the Federation obtaining the highest number of points in all events according to the following system:

- 1st: 20 points;
- 2nd: 17 points;
- 3rd: 15 points;
- 4th: 14 points;

and so on until 16th place which receives 2 points.

All other swimmers finishing the race within the time limit shall receive one (1) point.

J-OW 3.3 **Disqualification**

J-OW 3.3.1 If in the opinion of the Chief Referee or Referees, any swimmer or swimmer's approved representative or escort safety craft takes advantage by committing any violation of the rules or by



making intentional contact with any swimmer the following proceeding shall apply:

1st Infringement:

A **yellow flag** and a card bearing the swimmer's number will be raised to indicate and to inform the swimmer that he is in violation of the Rules.

2nd Infringement:

A **red flag** and a card bearing the swimmer's number will be raised to indicate and to inform the swimmer that he is for the second time in violation of the Rules. The swimmer will be disqualified. He must leave the water immediately, be placed in an escort craft and take no further part in the competition.

J-OW 3.3.2 If in the opinion of the Referee, the action of a swimmer or an escort craft is deemed to be "unsporting", the Referee shall disqualify the swimmer concerned immediately according to World Aquatics Rules.

J-OW 3.3.3 Swimmers finishing a race with intent in an equal time will be disqualified.

J-OW 4 ENTRIES

J-OW 4.1 **Preliminary Entries** shall be submitted to the Organising Federation, with copy to the European Aquatics Office, no later than the date circulated by the European Aquatics Office.

A Federation having made a Preliminary Entry may withdraw up to the date circulated by the European Aquatics office

J-OW 4.2 **Named Entries** shall be submitted to the Organising Federation no later than the given date, with copy to the European Aquatics Office.

J-OW 4.3 Federations may withdraw a named entry up to 10 days prior to competition.

J-OW 4.4 A fee of sixty-five (65) EURO shall be paid to European Aquatics for each entered non-starting competitor.

J-OW 5 ACCREDITATION

J-OW 5.1 Federations entering the Championships will receive accreditation for:

- a) the President of the Federation;
- b) the Head of the Delegation;
- c) one medical person; a second medical person if six or more competitors have been entered;
- d) team staff members: the same number as entered swimmers.

J-OW 5.2 Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc. (not officials such as judges, referees, etc.).

J-OW 6 OFFICIALS

J-OW 6.1 Federations may nominate one or two officials qualified from one of the current World Aquatics lists. Nominations shall be submitted to the European Aquatics Office no later than the date circulated by the European Aquatics Office. Officials approved by the European Aquatics TOWSC are on the costs of the nominating Federation.

J-OW 6.2 The Organising Federation shall supply all the other officials.

J-OW 6.3 The European Aquatics Technical Open Water Committee will appoint all Technical Officials.